Healthy Wildomar Community Profile



Demographics

•	Population	35,377
•	Race/Ethnicity	69.5% White
•	Median Household Income:	\$ 60,816
•	Poverty Level	13.7 %

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•	Walkability score	12
•	Farmers markets	0
•	Number of Parks	3
•	Geographic location:	

Western County



What is Wildomar Doing?



Riverside Walk score retrieved from: www.walkscore.com Markets: http://www.seecalifornia.com/events/farmers-market/riverside-county.html Park details: http://www.riversideca.gov/park_rec/facilities.asp Wildomar officially became a city in mid-2008 and has been growing ever since. The city of Wildomar is committed to maintaining quality parks, trails and open space in order to enhance the quality of life and growth of the community. Marna O'Brien park, Regency-Heritage park and Windsong park provide play grounds and sporting areas for the Wildomar community. The city of Wildomar has a bright future with an active community services department and residents that care about the growth of their city. To find out more, visit: http://www.cityofwildomar.org

Photo © 2014 City of Wildomar, CA/ www.cityofwildomar.org Socio-demographic indicators are from 2013-2015 U.S. Census Bureau

Health Determinants Weight Status **Riverside County** California City of Wildomar **City of Wildomar** Adults with BMI ≥30 24.6% 25.9% 24.8% 9.0% Children Overweight for age (2-11 yrs.) - Mental Distress 13.1% 13.6% 5.1% 35.2% - Food Insecurity Overweight or obese (12-17 yrs.) 32.4% - Uninsured (0-17) - <u>-</u> - Uninsured (18+) 20.1% **Riverside County** 47.7% 67.2% Dairy Fruits 8.9% - Mental Distress Grains 8.6% - Food Insecurity Of adults in River-Of children aged 2-11 - Uninsured (0-17) 3.6% /egetabl Protein side County conin Riverside County - Uninsured (18+) 22.9% eat at least five servsumed fast food at least one time in the ings of fruits and vegetables per day. California last week. Choose MyPlate.gov - Mental Distress 7.9% - Food Insecurity 8.4% **Wildomar Community Profile** - Uninsured (0-17) 4.2% - Uninsured (18+) 21.4% **Regular Physical Activity** Walked at least 150 min./week Active Living (Adults ages 18⁺) (Ages 5-17) 33.3% 29.9% 30.0% 20.8% 14.0% n/a

California

Riverside County

Data is based on 2011-2012 California Health Interview Survey results

Riverside County

Wildomar

California

Last updated: 03/31/2016

Wildomar