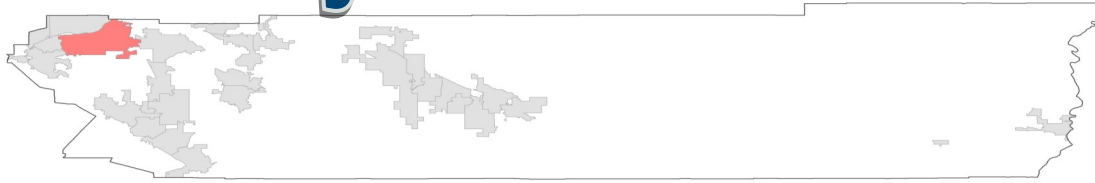
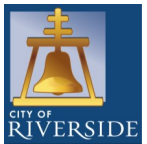


# Healthy Riverside Community Profile



## Demographics

- **Population** 319,504
- **Race/Ethnicity** 56.5% White
- **Median Household Income:** \$ 56,089
- **Poverty Level** 19.7 %

- **Walkability score** 39
- **Farmers markets** 5
- **Number of Parks** 51
- **Geographic location:**  
Western County



## What is Riverside Doing?

The city of Riverside is involved in Healthy Eating Active Living Cities Campaign (H.E.A.L. Cities) that promotes physical activity and nutrition policies in California and is also a member of the "Let's Move" City Campaign to reduce the risk of childhood obesity. Riverside is committed to improving the design and construction of parks, neighborhoods and business in order to address the wellness of its citizens and promote opportunities for activities throughout the city. The city has a special program called "Fit Fresh Run" Forum that meets regularly with goals of keeping residents of Riverside healthy and fit by providing creative options for being active. To get involved visit: <http://riversideca.gov/mayor/fitfreshfunforum/>

## Weight Status

	City of Riverside	Riverside County	California
Adults with BMI ≥30	25.7%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	17.2%	13.1%	13.6%
Overweight or obese (12-17 yrs.)	36.9%	35.2%	32.4%

## Health Determinants

### City of Riverside

- Mental Distress 9.1%
- Food Insecurity 9.7%
- Uninsured (0-17) 3.9%
- Uninsured (18+) 24.2%

### Riverside County

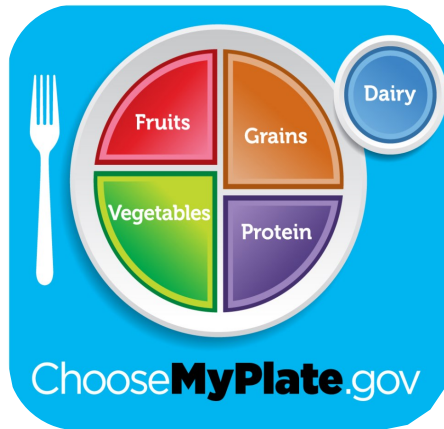
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

### California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

**67.2%**

Of adults in Riverside County consumed fast food at least one time in the last week.



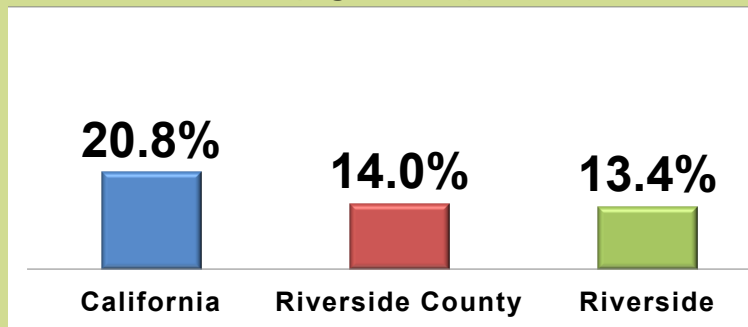
**47.7%**

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

# Riverside Community Profile

## Active Living

### Regular Physical Activity (Ages 5-17)



### Walked at least 150 min./week (Adults ages 18+)

