

Healthy Rancho Mirage Community Profile



Demographics

- **Population** 17,982
- **Race/Ethnicity** 88.7% White
- **Median Household Income:** \$ 71,688
- **Poverty Level** 12.3 %

- **Walkability score** 14
- **Farmers markets** 0
- **Number of Parks** 5
- **Geographic location:**
Eastern County



What is Rancho Mirage Doing?

The city of Rancho Mirage is known for its elegant atmosphere featuring gated communities, pristine golf courses and resorts and supreme tennis facilities. Rancho Mirage has recently remodeled their Rancho Mirage Community Park and added a 600-seat amphitheater for city events. Rancho houses the Eisenhower Medical Center, The Betty Ford Center and the Barbara Sinatra Children's Center. Other educational facilities include the Tolerance Education Center, the Braille Institute and the Children's Discovery Museum. For more information visit: <http://www.ranchoirageca.gov/about-rancho-mirage/>

Weight Status

	Rancho Mirage	Riverside County	California
Adults with BMI ≥30	16.9%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

Health Determinants

Rancho Mirage

- Mental Distress	5.3%
- Food Insecurity	1.5%
- Uninsured (0-17)	-
- Uninsured (18+)	-

Riverside County

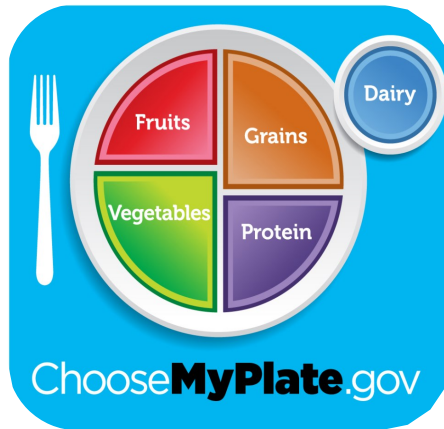
- Mental Distress	8.9%
- Food Insecurity	8.6%
- Uninsured (0-17)	3.6%
- Uninsured (18+)	22.9%

California

- Mental Distress	7.9%
- Food Insecurity	8.4%
- Uninsured (0-17)	4.2%
- Uninsured (18+)	21.4%

67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



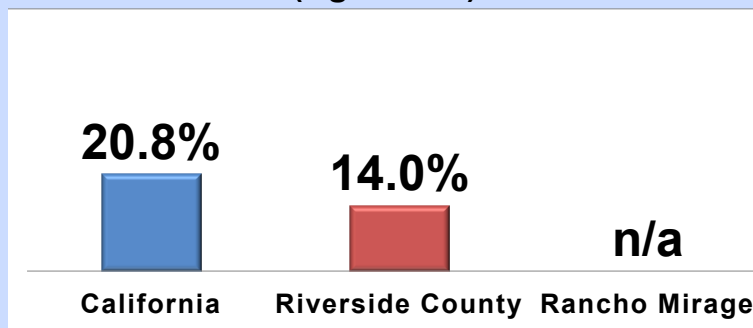
47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

Rancho Mirage Community Profile

Active Living

Regular Physical Activity (Ages 5-17)



Walked at least 150 min./week (Adults ages 18+)

