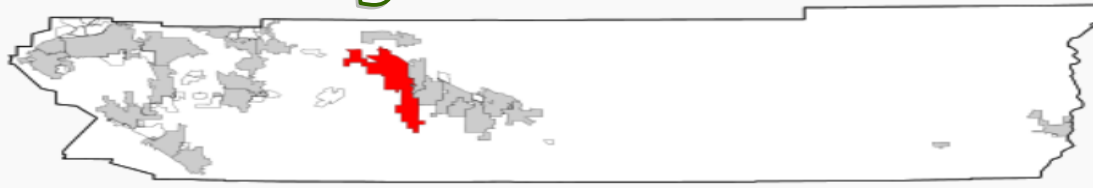


# Healthy Perris Community Profile



## Demographics

- Population 73,756
- Race/Ethnicity 71.8% Hispanic
- Median Household Income: \$ 48,591
- Poverty Level 26.3 %

- Walkability score 21
- Farmers markets 0
- Number of Parks 17
- Geographic location:  
Western County



## What is Perris Doing?

The city of Perris is involved in Healthy Eating Active Living Cities Campaign (H.E.A.L. Cities) that promotes physical activity and nutrition policies in California. Perris is a dynamic city highly motivated in promoting wellness by encouraging the use of the Perris Fitness Center and endorsing participation of health initiatives through it's Live Well Perris (<http://www.cityofperris.org/livewell/> ) program. Accessibility to healthy food options is also important factor and the city of Perris has goals to increase fresh produce by supporting vibrant farmers markets throughout the community. For more information of programs and events in Perris, visit: <http://www.cityofperris.org/>

## Weight Status

	Palm Springs	Riverside County	California
Adults with BMI ≥30	32.7%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

## Health Determinants

### Palm Springs

- Mental Distress 8.1%
- Food Insecurity 17.1%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 26.6%

### Riverside County

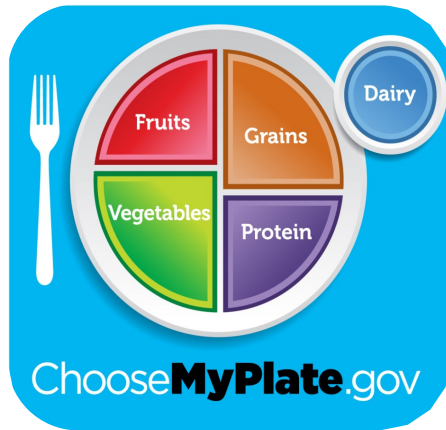
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

### California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

**67.2%**

Of adults in Riverside County consumed fast food at least one time in the last week.



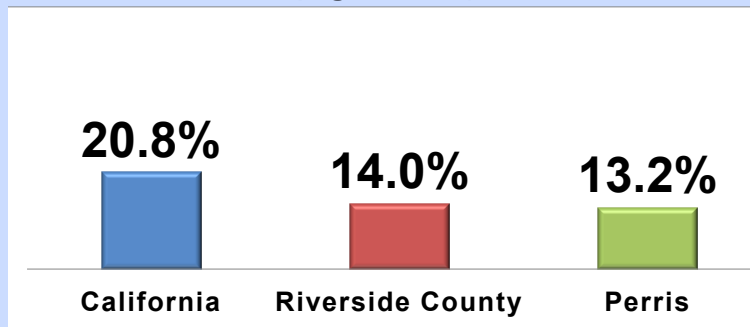
**47.7%**

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

# Perris Community Profile

## Active Living

### Regular Physical Activity (Ages 5-17)



### Walked at least 150 min./week (Adults ages 18+)

