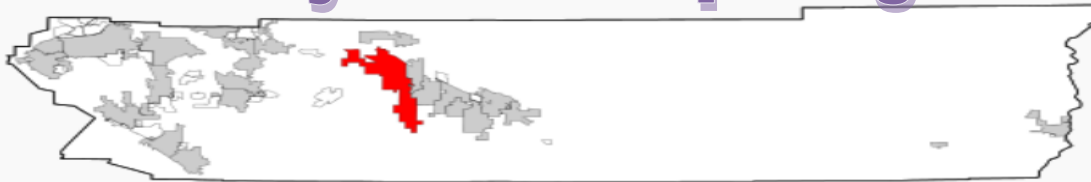


Healthy Palm Springs Community Profile



Demographics

- **Population** 46,854
- **Race/Ethnicity** 75.7% White
- **Median Household Income:** \$ 45,497
- **Poverty Level** 17.8 %

- **Walkability score** 31
- **Farmers markets** 1
- **Number of Parks** 11
- **Geographic location:**
Eastern County



What is Palm Springs Doing?

The city of Palm Springs is involved in Healthy Eating Active Living Cities Campaign (H.E.A.L. Cities) that promotes physical activity and nutrition policies in California. Palm Springs is dedicated to combating the health threats on its citizen's by encouraging walking, biking and other forms of physical activity throughout city. In addition Palm Springs has goals of cultivating healthy eating habits by facilitating the creation of community gardens and farmers markets in order to increase access to fresh fruits and vegetables. To find out more of what Palm Springs is doing, visit: www.visitpalmsprings.com

Weight Status

	Palm Springs	Riverside County	California
Adults with BMI ≥30	22.8%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

Health Determinants

Palm Springs

- Mental Distress 7.7%
- Food Insecurity 4.1%
- Uninsured (0-17) -
- Uninsured (18+) 21.0%

Riverside County

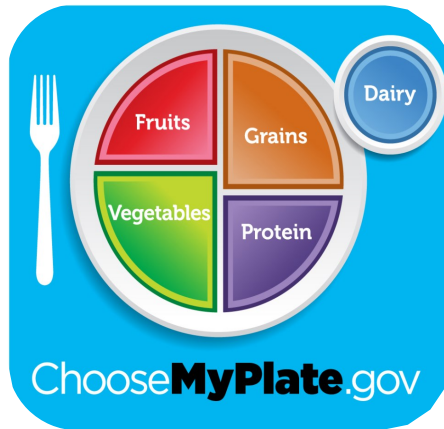
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



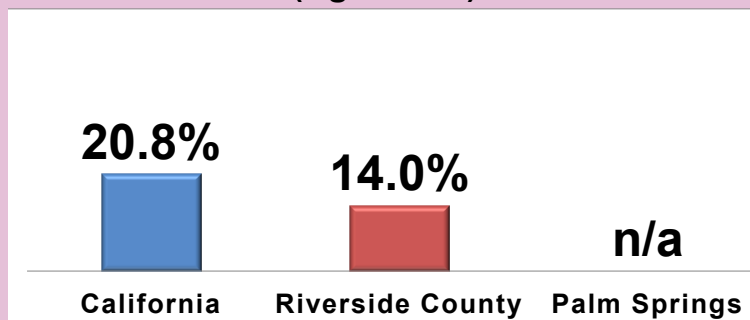
47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

Palm Springs Community Profile

Active Living

Regular Physical Activity (Ages 5-17)



Walked at least 150 min./week (Adults ages 18+)

