

# Healthy Menifee Community Profile



## Demographics

- **Population** 85,182
- **Race/Ethnicity** 71.5% White
- **Median Household Income:** \$ 56,671
- **Poverty Level** 11.3 %

- **Walkability score** 11
- **Farmers markets** 1
- **Number of Parks** 26
- **Geographic location:**  
Western County



## What is Menifee Doing?

The City of Menifee is an active community that is continuously adding businesses and resources in order to serve the ever growing city. The community services department is revamping in order to create higher quality programming, special events as well as facilities management to it's residents. Summer camps, classes for all ages, after school programs, senior center activities and special events are common and promote physical and mental health opportunities. Public libraries, recreation centers and cities parks scattered throughout the city encompass Menifee's emphasis of wholeness, knowledge and investment in the city's future. For Menifee news and activity guide, go to: [www.cityofmenifee.us](http://www.cityofmenifee.us)



## Weight Status

	City of Menifee	Riverside County	California
Adults with BMI ≥30	24.9%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

## Health Determinants

### City of Menifee

- Mental Distress 9.2%
- Food Insecurity 5.4%
- Uninsured (0-17) 3.3%
- Uninsured (18+) 20.7%

### Riverside County

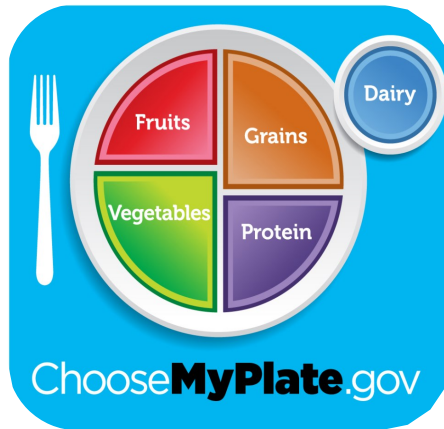
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

### California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

**67.2%**

Of adults in Riverside County consumed fast food at least one time in the last week.



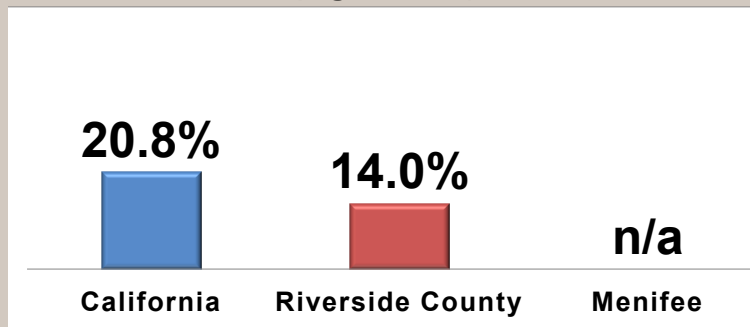
**47.7%**

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

# Menifee Community Profile

## Active Living

### Regular Physical Activity (Ages 5-17)



### Walked at least 150 min./week (Adults ages 18+)

