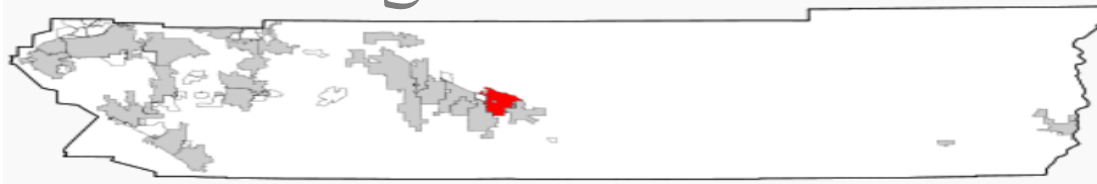


Healthy Indio Community Profile



Demographics

- **Population** 85,633
- **Race/Ethnicity** 61.5% White
- **Median Household Income:** \$ 47,922
- **Poverty Level** 22.3 %

- **Walkability score** 26
- **Farmers markets** 0
- **Number of Parks** 11
- **Geographic location:**
Eastern County



What is Indio Doing?

The City of Indio is involved with Let's Move City campaign that strives to having local officials commit to starting early by contributing to programs that incorporate healthy nutrition practices in children, making My Plate a priority within Indio, provide healthy food options at schools and city venues, and increase children play areas within the community. The Indio golf course, performance arts center, Senior center, Teen center, and various festivals offers opportunities for residents and visitors to interact and spur economic development. For more information about news and activities in Indio visit: <http://www.indio.org/>



Weight Status

	City of Indio	Riverside County	California
Adults with BMI ≥30	28.3%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

Health Determinants

City of Indio

- Mental Distress 8.9%
- Food Insecurity 12.3%
- Uninsured (0-17) 3.7%
- Uninsured (18+) 26.8%

Riverside County

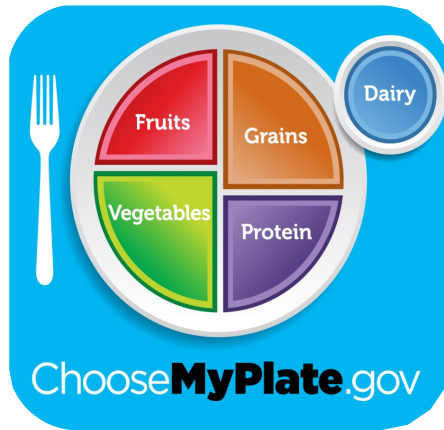
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



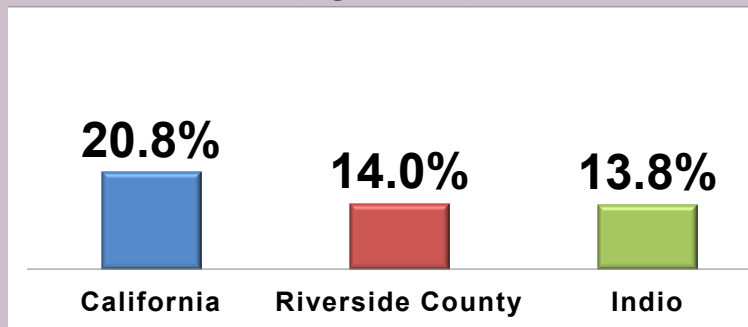
47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

Indio Community Profile

Active Living

Regular Physical Activity (Ages 5-17)



Walked at least 150 min./week (Adults ages 18+)

