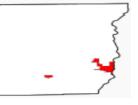
# Healthy Blythe Community Profile







## **Demographics**

• Population 19,258

• Race/Ethnicity 59.5% White

• Median Household Income: \$46,393

• Poverty Level 23.2 %

Walkability score

Farmers markets

Number of Parks

Geographic location:

Eastern County

21

0



## What is Blythe Doing?

The city of Blythe is known as the "first sunrise in California". With a California desert climate, Blythe offers hiking and other recreational activities in neighboring desert including water sports on the Colorado River. Blythe also comes alive with popular events such as Colorado River Country Music Festival and Family Fairs. Summer programs for children at the Joe Wine Blythe Recreation Center are available and provide a wide variety of activities to keep children active and learning. For more information contact staff at the recreation center by calling: 760-922-4266 and up to date events visit: http://www.cityofblythe.ca.gov.



Riverside Walk score retrieved from: www.walkscore.com
University Markets: http://www.seecalifornia.com/events/farmers-market/riverside-county.html
HEALTH SYSTEM Park details: http://www.riversideca.gov/park\_rec/facilities.asp
Public Health

Photo © http://www.cityofblythe.ca.gov/ Socio-demographic indicators are from 2013-2015 U.S. Census Bureau

### **Weight Status**

City of Blythe California Riverside County Adults with BMI ≥30 25.9% 24.8% Children Overweight for age (2-11 yrs.) 13.1% 13.6% 35.2% Overweight or obese (12-17 yrs.) 32.4%

67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

#### **Health Determinants**

#### City of Blythe

- Mental Distress
- Food Insecurity
- Uninsured (0-17)
- Uninsured (18+)

#### **Riverside County**

- 8.9% - Mental Distress
- 8.6% - Food Insecurity
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

#### California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

# Blythe Community Profile

# **Active Living**

