

Healthy Beaumont Community Profile



Demographics

- Population 42,277
- Race/Ethnicity 62.8% White
- Median Household Income: \$ 66,775
- Poverty Level 11.3 %

- Walkability score 21
- Farmers markets 0
- Number of Parks 16
- Geographic location:
Western County



What is Beaumont Doing?

Beaumont is a part of Let's Move City Campaign and Healthy Eating Active Living Cities Campaign (H.E.A.L. Cities) that promotes physical activity and nutrition policies in California. Beaumont seeks to provide a built environment that encourages walking, biking and other forms of physical activity. Beaumont also cares for the wellness of its citizens and employees by committing to policies that set nutritional standards for city events and accommodates to healthy working practices. For more information visit: <http://www.ci.beaumont.ca.us>.



Weight Status

	City of Beaumont	Riverside County	California
Adults with BMI ≥30	23.8%	25.9%	24.8%
Children Overweight for age (2-11 yrs.)	-	13.1%	13.6%
Overweight or obese (12-17 yrs.)	-	35.2%	32.4%

Health Determinants

City of Beaumont

- Mental Distress 9.5%
- Food Insecurity 6.0%
- Uninsured (0-17) -
- Uninsured (18+) 20.6%

Riverside County

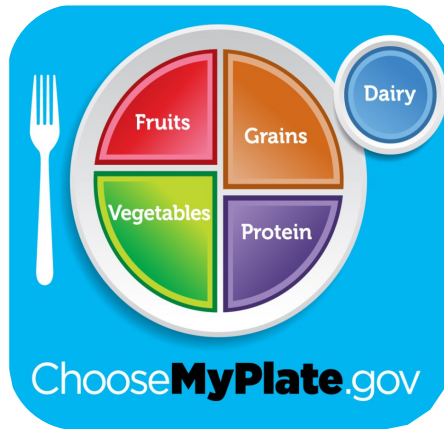
- Mental Distress 8.9%
- Food Insecurity 8.6%
- Uninsured (0-17) 3.6%
- Uninsured (18+) 22.9%

California

- Mental Distress 7.9%
- Food Insecurity 8.4%
- Uninsured (0-17) 4.2%
- Uninsured (18+) 21.4%

67.2%

Of adults in Riverside County consumed fast food at least one time in the last week.



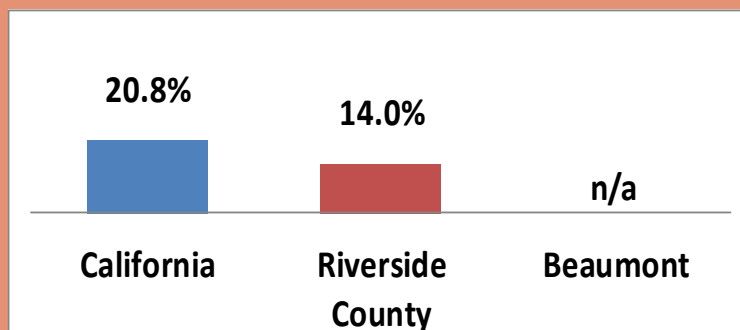
47.7%

Of children aged 2-11 in Riverside County eat at least five servings of fruits and vegetables per day.

Beaumont Community Profile

Active Living

Regular Physical Activity (Ages 5-17)



Walked at least 150 min./week (Adults ages 18+)

